



Sign Game

When you're out, point to simple signs and ask your child what she thinks they mean. If your child gets it wrong, encourage her to keep guessing. Point out clues: "The sign says 'Haircuts,' Do you know what this kind of shop is called?" Take turns talking about all the signs around you.

The first 5 years are when children's brains grow fastest. With simple activities like this one, you can make every moment with your baby a brain *Building* one.

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